

## Did you Know?

Almost 2/3 of Americans have friend and family members who have struggled with addiction.

Over 22 million Americans suffer from addiction or dependence on alcohol or drugs and have yet to experience recovery.

Nearly 2/3 of Americans (66%) view addiction as a form of illness and something individuals cannot remedy alone.

One in four people in recovery from alcoholism and drug addiction say they have been discriminated against when trying to obtain employment or insurance.

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## DACCO Campuses Go Smoke/Tobacco Free



Consistent with DACCO's work to support individuals' cessation of using addictive substances, as well our ongoing commitment to overall healthy living, all of our campuses will be smoke/tobacco free by January 1, 2012. In anticipation of full implementation, we initiated a pilot program in our Men's Residential Program in September. A number of initiatives are planned to support this transition for our clients, staff and visitors which will be posted on our website.

## DACCO Welcomes Two New Board Members

Ms. Sherilee J. Samuel is an attorney with the firm of Hill, Ward and Henderson. In addition to serving on DACCO's Board of Trustees, she is active in the local community, is the Moderator-Elect for Southeast Mennonite Conference (SMC) and is on SMC's Leadership Board, is a former member of the Board of Directors for the Mennonite Mission Network, and is the founder and director of "Let's Talk College," a youth mentoring program within her Mennonite Church.



Major Tom Feeney began his career in law enforcement in 1980 as a police officer in Maryland. He joined the Hillsborough County Sheriff's Office in December 2008, following his retirement from the Department of Homeland Security/Federal Air Marshal Service (FAMS) as the Assistant Special Agent in Charge of the Orlando Field Office. Prior to joining the U.S. Department of Homeland Security/FAMS, Major Feeney served for over 20 years with the U.S. Drug Enforcement Administration (DEA). He accepted an appointment as a Special Agent in 1983 and served in numerous assignments in the

Washington, D.C., San Francisco, and Miami Field Divisions, as well as the Tampa District Office and West Palm Beach Resident Office.

Please join us in welcoming Ms. Samuel and Major Feeney to our distinguished Board of Trustees!



Working for a Drug - Free Community  
 Since 1973

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 1.855.322.2600  
 813.984.1818 x0

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[www.dacco.org](http://www.dacco.org)

# The DACCO Dispatch

The newsletter that provides information on proven and effective prevention and treatment programs for alcohol and drug addiction.

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Dr. Ashit Vijapura,  
 DACCO's Medical Director

No one undergoing chronic pain management starts out with the goal of becoming addicted to their pain medication; nevertheless it happens at least 10% of the time. If someone has a family or personal history of addiction or mental health conditions, they have a higher risk of racing through the progression of addiction.

People at risk for addiction react differently from the very first experience of taking pain medication. With ongoing exposure they experience the "seeking reaching" stage, at which time doctor shopping can begin. There are many questions to be addressed when treating someone who has chronic pain and coexisting substance use disorders. Questions to be asked as we deal with this epidemic include:

- Are we managing pain but fueling the addiction?
- Are we treating the addiction but sabotaging the pain management?
- Is the use addiction or related to the pain being undertreated or mistreated?

Our team of professionals can help. For more information contact us at 813-384-4000.

## Addiction Free Pain Management

DACCO provides a medically supervised solution for the growing number of individuals who suffer from chronic pain. This program also addresses potential abuse and addiction issues. With estimates that 1 in 4 Americans in the U.S. alone suffer from chronic pain coupled with the rise in the use and misuse of prescription pain medications, it is imperative that medical experts in addiction medicine partner with primary care and hospital based providers to customize pain care to each person's experience and promote the self management of pain.

Our program is structured to assess an individual's current pain protocol. We conduct a complete psychosocial and medical assessment. Our team completes a medical history and physical examination, which includes an assessment of the pain, physical and psychological functioning, a substance abuse history, history of prior pain

treatment, an assessment of underlying or coexisting diseases or conditions, and documentation for the presence of a recognized medical indication for the use of a controlled substance.

Based on the results of the assessment we then create a treatment plan that states objectives to evaluate and monitor specific outcomes such as pain relief and/or improved physical and psychosocial function. We identify if any further diagnostic evaluations or other treatments are recommended. We also work with the client's primary or specialty physicians to tailor pharmacologic therapy to each individual's medical needs. If indicated, multiple treatment modalities and/or a rehabilitation program may be recommended to control pain, increase function, and improve quality of life.

This comprehensive approach then allows for the development

of a medication management plan specific to that client. Our team of physicians and clinicians then work with each client to develop a plan that addresses pain versus suffering. Working one on one, our staff help each individual learn how to manage thoughts and feelings. Emphasis is placed on changing self-defeating behaviors and problematic social/family reactions.

Our program also provides education and identifies the potential to implement other nonmedication alternatives that may prove to be a safer way to manage pain.

With onsite treatment programs and acupuncture services available, referral is easy and quick. For more information about our program or to coordinate a referral for a screening and assessment call us at 813-384-4000.

## Annual Golf Tournament

DACCO's Annual Golf Tournament is scheduled for Monday, November 14<sup>th</sup> at Avila Golf & Country Club.



16th Annual DACCO Golf Tournament to support programs to achieve a drug free community Monday November 14, 2011 at the beautiful Avila Golf and Country Club in Tampa, FL

Call us now at 813-384-4201 to secure your tee time!

## What can I or my organization do to help?

Our men in treatment are in need of clothing to go on job search. Articles needed are jackets, ties, dark pants, white shirts, and dark socks. Donations are tax deductible. For more information on how you can help, please call 813-384-4216.

DACCO's Registration is #CH410. A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll-free 1-800-435-7352. Registration does not imply endorsement, approval, or recommendation by the state. DACCO is a 501(c) (3) non-profit organization.

# A FALL FULL OF EVENTS AND CELEBRATIONS



## Annual Alumni Picnic



The annual Alumni Picnic, supported by DACCO and the Agency for Community Treatment Services (ACTS), had more than 200 people in attendance. This year the event was held on DACCO's Center for Behavioral Health campus with lunch donated and served by area Checker's/Rally's management staff. The day included a game of volleyball, a live DJ with karaoke and line dancing, as well as a dunk tank and inflatable house for the kids!

## Partnering To Provide a Playground



One of the many goals of DACCO treatment programs is to reconnect and reunify families torn apart by addiction. Providing opportunities for children to spend time with their parents during their treatment is encouraged. In some cases, children actually live with their mom in duplexes that are located on the DACCO Center for Behavioral Health campus. Recently, through a unique partnership with United Way, both Worldwide & the local Tampa Bay offices, National & local GMC dealers,



H&E Equipment Services, & Gametime, a new playground was installed by a group of volunteers including Ernest Graham, Running Back for the Tampa Bay Buccaneers.

DACCO CEO, Mary Lynn Ulrey expressed her appreciation for the donation of equipment, time, and



expertise. "This playground will not only encourage the United Way's worldwide goal of increasing physical health amongst our children, but also supports family health and stability during treatment for substance abuse."

## Celebrating National Recovery Month: Opening New Doors

A record crowd gathered at the Straz Center for the Performing Arts on Sunday September 25<sup>th</sup> to enjoy an afternoon of activities focused on celebrating recovery as well as providing information to promote awareness about substance use disorders. The day included a free screening of the documentary, "The Secret World of Recovery" with both Leslie and Lindsey Glass, the film's writers, producers and directors in attendance. A panel of experts in the field, including Representative Darryl Rouson and Dr. Scott Teitelbaum with the University of Florida, answered questions from the audience. The day was capped off with Thrown Alive, a local band in recovery, performing.



Prevention and Recovery Awareness Expo Participants Provided Information and Educational Materials



DACCO CEO Mary Lynn Ulrey & the Secret World of Recovery's Lindsey & Leslie Glass



A panel, moderated by John Harden, including Representative Darryl Rouson and Dr. Scott Teitelbaum, MD, answered questions from the audience.



The Event included a Silent Auction and Client Art Exhibit which was made possible through donations made by DACCO friends and supporters!



Live performance by band in recovery



## Funding Corner

DACCO recently received \$5,000 through the Children's Board of Hillsborough County's Technical Assistance fund to purchase up to 50 electronic signature pads. These pads will be used by clients and staff to allow for forms to be signed electronically, saving both paper and time as well as facilitating further integration and communication between DACCO and other healthcare providers as we transition to an electronic medical record.

Thank you Children's Board for supporting this initiative!

The Greater Brandon Community Foundation recently awarded DACCO monies for the expansion of family therapy services to youth in outpatient treatment in our Brandon location. In treatment, adolescents work toward goals of becoming substance free, developing relapse prevention skills, and increasing pro-social behaviors. Knowing the importance of family involvement, our adolescent program also encourages parents/guardians to participate in a 6-week Creating a Responsible Thinker course. By increasing the availability of family therapy, and thereby strengthening a youth's home life and support system, DACCO and the Foundation will create opportunities for youth to achieve health and success now and in the future.