

Did you Know?

Thousands of individuals who enter the criminal justice system are addicted to drugs and face incarceration because of an offense related to their addiction. Over 1,300 of these individuals are offered the option of erasing their charges and avoiding time in jail if they successfully complete DACCO's drug court program. This year-long program includes counseling, acupuncture, random drug screens, and post treatment support including AA and NA. With over 95% successfully completing, this treatment saves local tax payers \$27 for every \$1 invested in this type of program.

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DACCO Supports Re-entry Initiative

With more than 45 individuals being processed each month for release from jail or prison through the Criminal Registration Unit in Hillsborough County, DACCO provides, on a daily basis, vitally needed screening, support and referral services. Since many of these individuals have not received mental health or substance abuse treatment while behind bars and may not have access to the medication they need to manage their illness, this program provides the support many need to obtain basic services and assistance. Without this program many would commit repeat felony offenses.

DACCO provides outreach to these individuals that can include referral for assessment and screening services for substance abuse treatment services. Information about HIV testing available at DACCO, obtaining Medicaid and Food Stamps and free bus passes are also provided. During the assessment process individuals are also informed about and assisted with accessing funding that is available to help them to successfully re-enter the community.

The supervisor of the Registration Unit, Darlene Hansford stated "We really appreciate the assistance that DACCO provides us in assisting these individuals. It is invaluable to the re-entry effort that DACCO is providing their staff at our location to deliver these services."

Welcome to Our Newest Board Member



Mr. Joe Bachman is a Vice President Relationship Manager in the Commercial Banking sector of Wells Fargo and Company. He is active in Wells Fargo's Volunteer Council and Leadership Tampa and recently led the United Way campaign for the Tampa Commercial Group in 2010 which collected contributions of over \$20,000 during the month long campaign. Prior to joining Wells Fargo in 2008 here in Tampa, he worked as an Analyst in the Commercial Banking field in Houston and earned a bachelor's degree in Finance at Texas A&M.



Working for a Drug - Free Community
 Since 1973

4422 East Columbus Drive
 Tampa, FL 33605
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 813.984.1818 x0

1463 Oakfield Drive Ste 113
 Brandon, FL 33511
 1-855-322-2600
 813.413.1065

Private Insurance Accepted
 DACCO is now an in-network provider for these private insurance plans



www.dacco.org

The DACCO Dispatch

The newsletter that provides information on proven and effective prevention and treatment programs for alcohol and drug addiction.

In our Summer issue

- Children at Risk- The Prescription Drug Epidemic P.1
- Healthy & Drug Free Moms & Babies P.2
- Volunteering for a Healthier Community P.3
- Anti Drug Initiative P.4



Dr. Ashit Vijapura,
 DACCO's Medical Director

DACCO's Opioid Addiction Treatment Services provides treatment for prescription drug abuse for women during and post pregnancy at our clinic in East Tampa. We currently serve an average of 26 pregnant women. Our program includes medically supervised dosing of methadone and suboxone which allows a safe and affordable way to detox from opiates and avoid the potential of a miscarriage by attempting sudden withdrawal.

The Centers for Disease Control and Prevention says methadone is particularly effective because it blocks the euphoric and sedating effective of other opioids and treatment does not cause birth defects. Many local medical experts agree that in addition to delivering healthy babies, this treatment helps mothers beat addiction and thereby reduces the risk of child neglect or abuse.

For more information about our program contact us toll free at 855-322-2600.



Children at Risk – The Prescription Drug Epidemic

By Jason Fields, M.D.

DACCO is getting into the solution to help opiate dependent mothers deliver healthy, full term infants. Unfortunately, there is a growing number of pregnant women addicted to opiates, particularly prescription pain pills like oxycodone or vicodin. Medication Assisted Treatment (MAT) using methadone is the standard of care for pregnant opiate dependent women. If opiate dependent pregnant women continue to use opiates during their pregnancy, the risk of fetal and maternal complications rises.

MAT is an important service needed for optimal care of the pregnant opiate dependent patient. It is important that MAT be coordinated with the client's OBGYN. MAT has been shown to result in longer durations of maternal drug abstinence, better obstetrical care compliance, reductions in fetal illicit drug exposure, and enhanced neonatal outcomes.

In our clinic called OATS,

Opioid Addiction Treatment Services, we are improving our services to these opiate dependent pregnant women. Currently, there are close to 30 opiate dependent mother's benefiting from services in OATS at DACCO and that number is growing.



Read Robyn's story on Page 2

At the initial visit, the mother is educated on the benefits of MAT for both her and her baby. Coordinated care with the OBGYN is emphasized and the expectant mother signs a release to MAT treatment. Regular prenatal

care is encouraged and clients that are opiate dependent are started on methadone and those that become pregnant while on methadone are continued on the medication. Clients are seen on a frequent basis and appropriate comprehensive care is initiated.

All clients are referred to the Zero Exposure Program to help increase services for the opiate dependent pregnant clients. Also, clients are evaluated to see if they would benefit from one of our other programs. Client's are dually enrolled in OATS and one of DACCO's other programs, such as Women's Outpatient Services or residential treatment, if it is deemed appropriate. IN OATS, we will be closely following our clients in order to demonstrate improved measurable outcomes for these women and their babies. Also, we will be continuing to reach out to the community and educated women's health programs about our services here at DACCO and the benefits of coordinated care.

Recovery Month Events

September is National Recovery Month! Join us as we celebrate and promote the benefits of treatment for substance use, celebrate people in recovery, and promote the message that recovery in all its forms is possible!



2011 RECOVERY PICNIC
A Day to celebrate with Fun, Food and Friends!

11 a.m. to 4 p.m.
Saturday, September 24, 2011.

DACCO Headquarters
4422 East Columbus Drive-Tampa

Delicious Picnic Lunch

Covered Dishes/
Desserts Welcome

Fun & Games
for All Ages!

Prizes & More

Sponsored by:



Call Pam @ (813) 451-9789 or
Don D @ (813) 516-3777 for more information

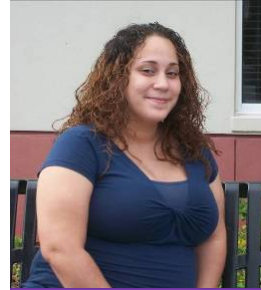
Join us on September 25th starting at 11:30 a.m. for an afternoon of Recovery Events including a screening of The Secret World of Recovery at the Straz Center!



Watch the Trailer at:
<http://reachoutrecovery.com/videos/>

Healthy & Drug Free Moms & Babies

Two Moms tell their stories of the dangers of prescription drug addiction and the hope that treatment and recovery brings for them and their children



Tomyka's Story

I grew up around drugs with both my mom and sister battling their addiction to cocaine and pills. We moved from Florida from Massachusetts when I was 13, and I started smoking marijuana because I was upset at having to move to away from my dad and my friends. My new friends were smoking and I wanted to be part of the crowd. When I was 20 my older sister introduced me to oxycodone. Before I knew it, I was snorting and shooting roxycodone or what I call the little blue devils. Soon I had lost everything – my marriage, custody of my children, and my home.

When I found out I was pregnant with my son, I voluntarily entered treatment. Although I had detoxed from the roxycodone and was receiving methadone on a daily basis in DACCO's opiate addiction treatment program, I knew I needed more help. So at seven months pregnant I entered DACCO's Women's Residential Treatment Program. Now I can focus on my treatment while I make sure my baby has the best chance possible to be born full term, healthy and without any of the withdrawal symptoms.

In addition to the counseling I get here at DACCO, I also get classes on parenting, how to provide a safe home for my children, and also have support from a DOULA during my delivery. The Zero Exposure program also helps me see my youngest son, Miguel, through supervised visits here at DACCO.

I am now only one month away from delivering my baby boy and four months away from completing the residential program. I know I can and will achieve my goals which include delivering a healthy baby, completing my treatment, finishing my medical coding and billing training program, and providing for my family. Although my disease cost me everything and I wouldn't wish this type of addiction on anyone, I am really excited about the future and reuniting with my mom and my sister who are also living a life of recovery!

When I was 15 years old I was diagnosed with depression and anxiety. I was 24 years, married with a young daughter, when some of my friends offered me some prescription pills that made me feel happy when I was depressed. I soon became addicted to Vicodin and Lorcet as well as Xanax.

Although I didn't know it at the time, my need for these pills was controlling my life and by 2000 I had lost my job, family and my home. When I found out I was pregnant in February of 2010 with my son, I started the Opiate Maintenance Program at DACCO. According to my doctor, being on a daily dose of methadone allowed my son to continue to develop normally and protected him from being born prematurely or from developing an infection.

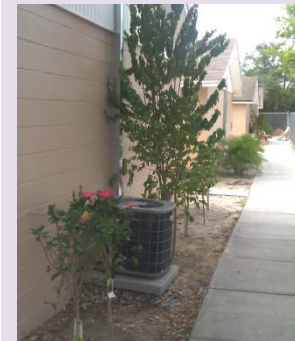
My son is now eight months old and he was born without any problems with feeding or the other withdrawals symptoms that he could have developed if I had continue to abuse the prescription pills. I am close to completing my treatment in the Opiate Addiction program and am looking forward to having another baby!

Robyn's Story



Local Partners and Volunteers Support Treatment and Recovery for a Healthier Community

Home Depot & Local Lawn Service Provides Monies for New Landscaping Project at DACCO Apartment Complex



You may not know but DACCO provides housing for individuals who have successfully completing one of our treatment programs at three apartment locations in East Tampa to help clients achieve and maintain stability, including affordable housing. We serve approximately 56 low-income households at a time. A grant provided by Home Depot coupled with free plants and labor provided by Prodigy Environmental Care allowed for DACCO staff and residents to paint and landscape one of our complexes benefiting not only the individuals and families who have often experienced unstable living situations but the general community. Thank you Home Depot and Prodigy!



A Yoga Teacher Gives the Gift of Health and Wellness



Because alcohol and drug addiction profoundly affects physical health we believe it is important to provide fitness and wellness education and activities in our Residential Treatment program. Recently women in treatment had the opportunity to participate in free yoga classes held onsite at the DACCO main campus. Since June, yoga instructor Trista Krone has volunteered her time and talents to provide not only another physical fitness activity but also a proven relaxation technique for managing and combating stress. "I started doing yoga about 6 years ago and I

personally fell in love with how it overall addresses health and wellness. When I toured DACCO as part of my first year as a member of the Junior League and heard the women in the Residential Program tell their personal stories, I was so touched that I knew I wanted to start sharing what I had learned and use it to help!" Trista has been teaching once a week at DACCO and is thinking of incorporating music into the class so both returning and new students continue to find it as enjoyable as she does. One of the students commented recently at the end of a class that, "Yoga has provided me a way to calm my nerves and make me relax whereas before I may have turned to drugs. Now I don't even feel like having a cigarette after I finish the class!"



What can I or my organization do to help?

We are always in need of office furnishings, clothes, shoes, toiletries, and household items for clients and their children. Donations are tax deductible. For more information on how you can help, please call 813-384-4216. DACCO's Registration is #CH410. A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll-free 1-800-435-7352. Registration does not imply endorsement, approval, or recommendation by the state. DACCO is a 501(c) (3) non-profit organization.

Access to Recovery

DACCO recently became a "Access to Recovery" provider of substance abuse treatment and recovery support services for eligible adults in the Tampa Bay area, through federal funding administered through the Florida Department of Children and Families. Through this initiative, DACCO provides:

- Substance Abuse Education
- Medication Assisted Treatment (Methadone and Buprenorphine)
- Outpatient Treatment
- Family/Marriage Counseling
- Intensive Outpatient Treatment
- Co-occurring Mental Health Treatment
- Medication Evaluation
- Alcohol and Drug Screening
- Continuing Care
- Transitional Living/Housing

Screenings for services are provided by Catholic Charities, with veterans, offenders returning from jail/prison to the community and those with co occurring (mental health and substance abuse disorders) having priority. For more information or to schedule an appointment please call toll free

1- 877- 835-4931

or

727- 623-4890

727- 623-4891

Visit us at our newly designed website at www.dacco.org